



Educ8

Education Delivered with Utmost Care

Educ8 (Luton) Ltd

(Hereinafter referred to as "Educ8")

A bespoke 1:1 tuition service, where the education delivered is tailored to meet the exact requirements of the student involved.

PHYSICAL RESTRAINT POLICY

Rationale

We recognise our responsibility and duty to care for and support both colleagues and learners. It is important that adults working with children minimise physical contact.

Within our tuition model, tutors work in environments where a responsible adult (e.g. parent/carer or supervising adult) is always present. Therefore, tutors are not expected, trained, or authorised to physically intervene or restrain learners.

In any situation where there is risk of harm, tutors must prioritise their own safety and the safety of others and seek immediate support from the supervising adult present.

This policy ensures clarity on roles and responsibilities and supports safe working practice in line with safeguarding expectations.

Aim

- To make clear that tutors do not physically restrain or use reasonable force
- To define appropriate responses to risk situations
- To ensure tutor and learner safety at all times
- To establish reporting and recording expectations
- To ensure clear safeguarding escalation procedures

Legal Context and Responsibilities

The use of reasonable force is permitted in law in certain educational settings; however, within our service model, tutors are not authorised or expected to use physical intervention.

Responsibility for physical intervention rests with the supervising adult present at the tuition location (e.g. parent/carer or responsible adult).

Tutors will be supported where they follow this policy and prioritise safety appropriately.

Definition



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Physical Intervention

Physical intervention refers to any action involving physical contact intended to control or restrain an individual.

Within our service:

- Tutors must NOT use physical intervention or restraint
- Tutors must NOT physically guide, hold, or move learners
- Tutors must NOT attempt to break up physical altercations

When a risk situation occurs

If a learner becomes unsafe, aggressive, or poses a risk to themselves or others, tutors must:

- Immediately stop the session where safe to do so
- Withdraw from the situation if necessary
- Inform the supervising adult present (parent/carer or responsible adult) immediately
- Request that the supervising adult takes control of the situation
- Leave the premises if the situation cannot be safely managed
- Contact the Company Director as soon as possible

Tutors must never place themselves in physical danger.

Safeguarding and escalation

Where a risk incident occurs, tutors must:

- Report the incident to the Company Director without delay
- Record the incident in writing as soon as possible
- Follow safeguarding procedures if a child is at risk of harm

Where appropriate, the Company Director will liaise with:

- parents/carers
- commissioning schools
- external safeguarding agencies



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Complaints

All complaints will be investigated promptly, fairly, and in line with safeguarding procedures.

Where a complaint relates to tutor conduct, it will be assessed against adherence to this policy and safeguarding expectations.

Tutors will be supported where they have acted appropriately in line with this policy and prioritised safety.

Key Principle

At all times:

Tutors are responsible for maintaining professional boundaries, ensuring safe practice, and withdrawing from any situation that presents risk.

Physical intervention is not part of the tutor role within this service.

References

- Education Act 2002
- Health and Safety at Work etc. Act 1974
- Keeping Children Safe in Education (KCSIE) 2024
- Working Together to Safeguard Children (2023)
- DfE Behaviour in Schools Guidance (2024)

Review

N K Jones
September 2026

Review Date
September 2027